

# BMAF 5k Road Walk Championships

## Horwich, 20<sup>th</sup> June 2010

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Despite some local problems due mainly to the carnival moving away from the race day, the event was again both successful and enjoyable. Unlike recent years, the weather was kind and conditions very good.

There were 22 entries, 20 starters and 20 finishers. One of the non-starters was Mark Williams who had won all 3 previous races; his absence due to illness.

Overall winner was Adrian Edwards who set a new CBP for M45. Relatively new to race walking he has made very rapid progress and looks a great prospect for the longer distances.

Peter Boszco set a new British M60 CBP just one second short of the all comers CBP held by regular visitor, Sean McMullin from Eire.

The ladies field, depleted this year by clashes of events and injuries, saw Fiona Bishop pull away in the latter stages for a clear win.

The outstanding performance was a new CBP and British all-time best road 5k for M85 by Edwin Grocock. He took 45 seconds off the previous best set by George Mitchell in 2002. At the combined walks and runs presentations he received a tremendous ovation for a brilliant effort by a true gentleman of the road!

*Eric Horwill*

### RESULTS - MEN

Pos.	Name	Club	Age	Time	
1	A. Edwards	Lancs WC	M45	27-53	<b>CBP M45</b>
2	G. Smith	Lancs WC	M55	28-11	
3	P. Boszco	Birchfield Harriers	M60	28-17	<b>CBP M60</b>
4	S. McMullin	Eire Mullinger	M60	29-03	
5	T. Malone	York CIU	M55	29-15	
6	G. Jones	Coventry Godiva Harriers	M65	29-55	
7	D. Crompton	Lancs WC	M45	30-43	
8	J. Hardy	Lancs WC	M65	31-07	
9	S. Walker	Lancs WC	M50	33-55	
10	J. Grayson	York CIU	M65	33-56	
11	P. Crahan	Unattached	M55	34-24	
12	J. Payn	Lancs WC	M75	34-30	
13	J. Crahan	Lancs WC	M60	34-41	
14	J. Munn	Lancs WC	M75	36-01	
15	E. Horwill	Dudley & Stourbridge H.	M75	36-29	
16	E. Grocock	Sheffield WC	M85	38-05	<b>CBP &amp; British Best</b>
17	G. Dowling	Yorks RWC	M75	42-15	

### RESULTS – WOMEN

Pos.	Name	Club	Age	Time
1	F. Bishop	Woking	W50	31-42
2	J. Bellfield	Halesowen C & AC	W40	31-53
3	L. Bellfield	Halesowen C & AC	W40	34-35

### TEAMS

	Club	Name	Total Time
<b>M35 - 59</b>	Lancs WC	A. Edwards	
		G. Smith	
		D. Crompton	86-47
<b>M60+</b>	Lancs WC	J. Hardy	
		J. Payn	
		J. Crahan	100-18